CLASS SCHEDULE

DAY ONE

Classroom
Welcome, Introduction & Lecture/Discussion
- Recount the history of hormone replacement therapy with regard to menopause and testosterone replacement in men
- Introduce the mechanism of action of hormone replacement therapy
- Review the physiology of men with regard to testosterone
- Identify the cardiovascular and breast cancer adverse effects associated with hormone replacement therapy
- Discuss the safety of Testosterone Replacement Therapy with regard to cardiovascular and prostate health

Lab
- Compounding Women’s and Men’s Health Dosage Forms and Preparations

DAY TWO

Classroom
Lectures/Discussion
- Evaluate the various routes of female BHRT administration
- Evaluate the various routes of Testosterone administration
- Discuss the appropriate labs to monitor female BHRT and Testosterone replacement outcomes
- Discuss the appropriate symptoms to follow for optimal female BHRT and Testosterone replacement outcomes

Lab
- Compounding Women’s Health Dosage Forms and Preparations

Classroom
Lecture/Discussion:
- Marketing Women’s Health Compounding Services

Lab
- Compounding Women’s Health Dosage Forms and Preparations

Classroom
Discussion/Wrap Up
- Given a patient case, apply current literature and describe the appropriateness of hormone replacement therapy