



## CLASS SCHEDULE

### DAY ONE

#### Classroom

Welcome, Introduction & Lecture/Discussion

- Recount the history of hormone replacement therapy with regard to menopause and testosterone replacement in men
- Introduce the mechanism of action of hormone replacement therapy
- Review the physiology of men with regard to testosterone
- Identify the cardiovascular and breast cancer adverse effects associated with hormone replacement therapy
- Discuss the safety of Testosterone Replacement Therapy with regard to cardiovascular and prostate health

#### Lab

- Compounding Women's and Men's Health Dosage Forms and Preparations

### DAY TWO

#### Classroom

Lectures/Discussion

- Evaluate the various routes of female BHRT administration
- Evaluate the various routes of Testosterone administration
- Discuss the appropriate labs to monitor female BHRT and Testosterone replacement outcomes
- Discuss the appropriate symptoms to follow for optimal female BHRT and Testosterone replacement outcomes

#### Lab

- Compounding Women's Health Dosage Forms and Preparations

#### Classroom

Lecture/Discussion:

- Marketing Women's Health Compounding Services

#### Lab

- Compounding Women's Health Dosage Forms and Preparations

#### Classroom

Discussion/Wrap Up

- Given a patient case, apply current literature and describe the appropriateness of hormone replacement therapy